



**Food Menu
June-20 to 26**



Monday

Breakfast:
Cornflakes, Flavoured Milk,
Boiled Egg,
Bread/Butter/Jam, Masala
Dosa, Sambar & Chutney

Morning Snack:
Fresh Juice & Cookies

Lunch:
Rice, Roti, Egg Roast, Corn
Capsicum Gravy, Pasta with red
Sauce, Rajma Gravy, Curd & Fruit

Afternoon Snack:
Vada Pav

Evening Snack:
Veg Samosa & Juice

Dinner:
Green Salad, Rice, Roti,
Chicken/Veg Kofta gravy,
Sambar, Curd & Pineapple
Pastry with Fruit

Tuesday

Breakfast:
Chocos, Flavoured Milk,
Scrambled Egg,
Bread/Butter/Jam,
Rava Idli with Sagu & Peanut
chutney

Morning Snack:
Fresh Juice & Cookies

Lunch:
Rice, Roti, Green Dhal fry,
Egg/Veg Fried noodles with
Gobi Manchurian Gravy,
Beetroot fry & Fruit

Afternoon Snack:
Veg Puffs

Evening Snack:
Chocolate Dough nut & Cold
coffee

Dinner:
Toss Salad, Rice, Roti, Chenna
Masala Gravy, Bindi Pepper Fry,
Curd & Kaju Burfi with Fruit

Wednesday

Breakfast:
Cornflakes, Flavoured Milk,
Fried Egg, Bread/Butter/Jam,
Aloo Paratha

Morning Snack:
Fresh Juice & Cookies

Lunch:
Rice, Roti, Chicken/Panner,
Rogan Gravy, Pasta with white
Sauce, Beans Vegetable fry, Curd
& Fruit

Afternoon Snack:
Marble Cake

Evening Snack:
Veg Sandwich/ Mint Chutney &
Juice

Dinner:
Coleslaw Salad, Rice, Paratha
Chicken/Panner Kabab, Dhal
Tadka & Black Forest with Fruit

Thursday

Breakfast:
Chocos, Flavoured Milk, Omelette
with Onion Tomato,
Bread/Butter/Jam, Chow Chow
Bath & Chutney

Morning Snack:
Fresh Juice & Cookies

Lunch:
Corn Methi Pulao, Roti, Dhal
makhani, Raitha, Pasta with sauce
& Fruit

Afternoon Snack:
Cream Bun

Evening Snack:
Onion Pakoda & Juice

Dinner:
Green Salad, Rice, Roti, Tandoori
Chicken/Panner Tikka, Green
Dal Fry & Brownie with
Chocolate Sauce with Fruit



Friday

Breakfast:

Cornflakes, Flavoured Milk,
Fried Egg, Bread/Butter/Jam,
Grilled Cheese Sandwich

Morning Snack:

Fresh Juice & Cookies

Lunch:

Chicken/Veg Biryani, Raitha,
Brinjal curry & Ice Cream

Afternoon Snack:

Cup Cake

Evening Snack:

Masala Vada & Juice

Dinner:

Green Salad, Rice, Roti, Veg
Shahi Kurma, Potato Mushroom
Chilly & Gulab Jamoon with
Fruit



Saturday

Breakfast:

Chocos, Flavoured Milk, Masala
Omelette, Bread /Butter/Jam,
Stuffed Paratha, Curd& Pickle

Morning Snack:

Fresh Juice & Cookies

Lunch:

Jeera Rice, Roti, Palak Panner
Gravy, Chilly Potato, Fish fry,
Vegetable fry, Curd & Fruit

Afternoon Snack:

N.A.

Evening Snack:

Veg quiches & juice

Dinner:

Russian Salad, Rice,
Chicken/Veg soup, Dinner roll,
Veg Burger & French fries
Sambar & Walnut Burfi with
Fruit

Sunday

Breakfast:

Cornflakes, Flavoured Milk,
Plain Omelette, Pav Bhaji,
Bread/Butter/Jam, Chicken
Salami, Fried Potatoes, Toast &
Veg Cutlet

Morning Snack:

Fresh Juice & Cookies

Lunch:

Mutton Biryani, Veg Biryani,
Raitha & Ice Cream

Afternoon Snack:

N. A.

Evening Snack:

Veg Pizza & Juice

Dinner:

Green Salad, Rice, Roti, Veg
Kadai, Sambar, Chicken/Pork
Fry, Curd, Pickle & Pastry



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