



**Food Menu
July 25 - 31**



Monday

Breakfast:

Cornflakes, Flavoured Milk,
Fried Egg, Bread/Butter/Jam,
Idli Vada, Sambar & Chutnev

Morning Snack:

Fresh Juice & Cookies

Lunch:

Rice, Pasta with Red Sauce, Egg
Curry, Aloo Gobi Masala, Sambar,
Curd & Fruit

Afternoon Snack:

Vada Pav

Evening Snack:

Doughnut & Juice

Dinner:

Green Salad, Rice, Paratha,
Channa Dhal Fry, Chicken Ball
Curry, Paneer/Mushroom Kofta
Curry Curd & Fruit Custard

Tuesday

Breakfast:

Chocos, Flavoured Milk, Boiled
Egg, Bread/Butter/Jam, Pan
Cake with Honey

Morning Snack:

Fresh Juice & Cookies

Lunch:

Egg/Veg Fried Rice, Roti, Bindi
Masala, Gobi & Panner
Manchurian Gravy & Fruit

Afternoon Snack:

Cup Cake

Evening Snack:

Veg Quchis & Juice

Dinner: Coleslaw Salad, Rice,
Rumali Roti, Black Dhal, Murgi
Lababi Gravy, Baby Corn
Capsicum Masala, Curd & Butter
Scotch Pastry

Wednesday

Breakfast:

Cornflakes, Flavoured Milk,
Scrambled Egg,
Bread/Butter/Jam, Masala Dosa,
Sambar & Chutney

Morning Snack:

Fresh Juice & Cookies

Lunch:

Rice, Roti, Chicken Kurma
Paneer Malai Kofta, Beetroot
Vegetable Fry, Pasta with Sauce,
Curd & Fruit

Afternoon Snack:

Hot Dog

Evening Snack:

Moulden Cup Cake & Juice

Dinner:

Rice, Roti, Green Dhal fry, Beans
Vegetable Fry, Curd & Gulab
Jamoon

Thursday

Breakfast:

Chocos, Flavoured Milk, Omelette
with Onion Tomato,
Bread/Butter/Jam, Upma,
Chutnev & Kesari Bath

Morning Snack:

Fresh Juice & Cookies

Lunch:

Veg Biryani, Roti, Kabul Channa
Masala, Raitha, Brinjal Curry &
Ice-Cream

Afternoon Snack:

Veg Puffs

Evening Snack:

Chocolate Eclairs & Juice

Dinner: Tandoori Salad, Jeera
Rice, Tandoori Roti, Dhal
Makani, Tandoori Chicken,
Paneer Tikka, Curd, Jelly with
Fruits



Friday

Breakfast:

Cornflakes, Flavoured Milk,
Egg Burjia,
Bread/Butter/Jam, Poori, Veg
Sagu, Chutney

Morning Snack:

Fresh Juice & Cookies

Lunch:

Hakka Chicken Noodles,
Schezwan Paneer, Veg balls in
hot garlic sauce, Sauce & Fruit

Afternoon Snack:

Strawberry Cake

Evening Snack:

Soft Paneer Pizza & Juice

Dinner:

Russian Salad, Pasta Mushroom
Sauce, Dinner Rolls, Sweet Corn
Veg Soup, Mash Potato, Rice,
Sambar, Curd & Chocolate with
Brownie



Saturday

Breakfast:

Chocos, Flavoured Milk, Masala
Omelette, Bread/Butter/Jam
Stuffed Paratha, Curd & Pickle

Morning Snack:

Fresh Juice & Cookies

Lunch:

Coconut Rice, Paratha, Veg
Kurma, Fish Fry, Mushroom 65,
Porial, Curd & Fruit

Afternoon Snack:

N.A.

Evening Snack:

Lemon Tart & Juice

Dinner:

Green Salad, Chicken Salami
Fried Rice, Veg Fried Rice,
Chilly Potato, Chilly Vinegar &
Trifle Fruit

Sunday

Breakfast:

Cornflakes, Flavoured Milk, Plain
Omelette, Bread/Butter/Jam,
Chicken Sausages, Fried Potatoes,
Bread Toast & Veg Cutlet

Morning Snack:

Fresh Juice & Cookies

Lunch:

Chicken Biryani, Paneer Biryani,
Brinjal Curry, Raitha & Ice
Cream

Afternoon Snack:

N.A.

Evening Snack:

French Fries & Juice

Dinner:

Green Salad, Rice, Roti, Rasam,
Beef/Chicken Fry, Papad, Curd,
Pickle & Payasam



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