



**Food Menu**  
2<sup>nd</sup> & 4<sup>rd</sup> week



**Monday**

**Breakfast:**  
Porridge (Oats), Bread/Butter/Jam  
Milk/Flavoured Milk, Fried Egg,  
Poori –Baaji, Poha-Chutney

**Morning Snack:**  
Flavoured Juice & Choc Chip  
Cookies

**Lunch:**  
Green Salad, Tawa Paratha,  
Channa Masala, White Rice,  
Soppu Sambar, Nachos,  
Curd/Pickle, Roast Chicken &  
Indian Sweet

**Afternoon Snack:**  
Aloo Bun

**Tuesday**

**Breakfast:**  
Cornflakes, Bread/ Butter/Jam,  
Milk/Flavoured Milk, Egg Burji,  
Pan Cake-Honey & Pongal Chutney

**Morning Snack:**  
Lemon Juice & Cashew Cookies

**Lunch:**  
Waldrof Salad, Delhi Kulcha,  
Mushroom Makhai Mutter,  
White Rice, Rajma Dal, Mexican  
Rice, Curd/Pickle, Chicken Thai  
Curry & Fresh Fruit

**Afternoon Snack:**  
Brownie

**Wednesday**

**Breakfast:**  
Chocos, Bread/ Butter/Jam,  
Milk/Flavoured Milk, French Toast,  
Chow Chow Bath, Kesari Bath,  
Chutney

**Morning Snack:**  
Flavoured Juice & Jam Cookies

**Lunch:**  
Sprouted Salad, Phulka, Veg  
Hyderabadi, White Rice, Moong  
Dhal, Pasta-Sauce, Raitha/Pickle,  
Chilly Chicken & Mango Pastry

**Afternoon Snack:**  
Samosa

**Thursday**

**Breakfast:**  
Porridge (Oats),  
Bread/Butter/Jam, Milk/Flavoured  
Milk, Boiled Egg, Masala Dosa,  
Chutney/Sambar

**Morning Snack:**  
Flavoured Juice & Marble  
Cookies

**Lunch:**  
Sweet Corn Salad, Chapathi,  
Butter Paneer, Rice, Kadi Pakodi,  
Roast Potato, Garlic Bread,  
Curd/Pickle, Butter Chicken &  
Belgium Choc Cake

**Afternoon Snack:**  
Doughnut



## Friday

### **Breakfast:**

Chocos, Bread/Butter/Jam, Milk/  
Flavoured Milk, Tomato Omelette,  
Poori- Baaji, Poha -Chutney &  
Sandwich

### **Morning Snack:**

Flavoured Juice & Almond  
Cookies

### **Lunch:**

Macroni Salad, Veg Biryani,  
Mutton Biryani, Raitha, Brinjal  
Katta, White Rice, Rasam, Pizza  
& Ice Cream

### **Afternoon Snack:**

Bombay Pav



Ebenezer International School  
Singena Agrahara Road  
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